

CROSS COUNTRY



The Cross-Country team at Panorama Primary consists of students from Grades 4-7. All ages are welcome to join in the fun and run, and we encourage all age groups to participate.

Cross-Country coaching is divided into two categories: beginner and advanced. Both groups train at the same time. The two groups aim to develop stronger teams and promote healthy competition.

Every year, our athletes participate in district events to qualify for Cross-Country Western Province colours. Coaches plan and structure each training session thoroughly and according to the procedures that produce talented athletes.

We aim to ensure that every learner can participate in Cross-Country and enjoy the experience while being the best version of themselves.



Michelle Kloppers
Cross-country